



LEARNING MATERIALS for Vocational Mentors in Creative Work

Unit 1 ENGAGE CREATIVE YOUNG PEOPLE

LO4 Involve creative young people in the devising and delivery of activities, workshops and events that inspire, encourage, affirm, support and challenge them

Workshop “CREATE BETTER ME”

Partner name: EASP

Macedonia

1. Planning session:

The **planning session** was organised to discuss and collect ideas on the type of activities that would be most interesting for engaging young people into their personal journey of self-development. The discussion was focused on the phase 1 “Outreach and engagement” of the Talent Match London “Journey of change”.

We have chosen to organise a **workshop “Create better me”** that will incorporate elements of theatre acting as form of play that would inspire and challenge the young people into a self-reflection process as first step into discovering personal passions that young people would like to develop. This was aimed to respond to the phase two: Young people build relationship with Talent Match staff, i.e. the mentors of TME.

We have identified 4 high schools delivering formal education into art professions in Skopje - Macedonia, we had positive response for cooperation from one VET school in technical design.

For the **preparation phase** we have organised a “**Intro session**” to present the idea of the workshop, make an introduction to the profession “**mentors for creative work**” and the “**journey of change**” and gather “**individual bio and personal interests**” of the participants. For that aim we developed and distributed a short questionnaire to the students, for the mentors to have prior information for each participant at the workshop.



- 2. Action session:** implementation of the “Workshop for mentoring young people into creative work through visualization of their future goals through theatre play” - CREATE BETTER ME

“Create Better me” Step by Step presentation of the workshop
(document 3 Photos EASP Pilot)



Review session “Workshop for mentoring young people into creative work through visualization of their future goals through theatre play”

- Brainstorm session mentors feedback

To assess the session, we have used the Journey of Change chart from the Talent Match London. Our focus was on assessing to what level the workshop met the planned outcomes and how it succeeded in meeting the benchmarks of the Journey of Change chart > [Young people build relationship with Talent Match staff](#).

The review session was held immediately after the workshop among the mentors. Main positive sides were mentioned:

- Young people were very open to talk about themselves, they were easily and proactively engaged in the activities. Their talents varied from areas in fine arts, creative writing, some with drama and acting potential, and fashion design industry;
- The lead mentor Milosh Andonovski was experienced in both animating and giving clear direction during the workshop, so it stayed as open space for expression of participant’s’ creativity.

We have spotted few points where there was room for improvement:

- Since we had previous information gathered through the “**individual bio and personal interests**” of the students it was not exploited enough during the workshop. It would have been useful to give, based on this information, personal touch to each of the exercises the young people were engaged in.
- To keep the young people involved in the game until the next workshop, as we took this activity as work in perspective, it would have been useful to give a small exercise from the daily life or inspiration from actual reality that would be linked to the life situations that influence(d) them the most in their decision to choose their career path.

List of participants - mentors:

Aneta Guleva
Milosh B. Andonovski
Danche Chalovska