

## TRAINING PLAN – UNIT 1 Title: “Create the better me”

Partner name: EASP – [TME Macedonia](#)

Country: Macedonia

Training activity description	EQF level	Learning Outcome	Learning hours	For Reference: Learning materials
<p><b>LO4 – ENGAGE WITH YOUNG PEOPLE</b></p> <p><b>Module:</b> The aim of the workshop is to discuss and gather ideas on the modalities that would be most interesting for the young people to think about themselves and their professional realization as creatives + delivery of workshop entitled “Create the better me” for testing the methodology</p> <p><b>Mentors: Milosh Andonovski Aneta Guleva, Danche Chalovska</b></p>	L 4	<p><b>LO4</b></p> <p>Involve creative young people in the devising and delivery of activities, workshops and events that inspire, encourage, affirm, support and challenge them.</p>	5 (direct) + 10 (self-directed)	<p><b>1. Prepare – Planning session:</b></p> <ul style="list-style-type: none"> <li>- Individual bio and personal interests’ questionnaire</li> <li>- Journey of change</li> <li>- Methodology PPT “Create better me”</li> <li>- Using Theatre in Career Counselling, by Bechtold Patricia</li> </ul> <p><b>2. Apply and Observe</b> - Action session engaging young people - workshop: “<b>Create better me</b>”</p> <ul style="list-style-type: none"> <li>- Workshop Photos (document number 3 Photos EASP Pilot)</li> </ul> <p><b>3. Review:</b></p> <ul style="list-style-type: none"> <li>- Brainstorm session mentors feedback</li> <li>- Workshop Photos (document number 3 Photos EASP Pilot)</li> </ul>