

## TRAINING PLAN – UNIT 5 Title: Creativity and changing mind sets

Partner name: ARTeria – [www.fundacja-arteria.org](http://www.fundacja-arteria.org)

Country: **Poland**

Training activity description	EQF level	Learning Outcome	Learning hours	For Reference: Learning materials
<p><b>Module: ENGAGE CREATIVE YOUNG PEOPLE</b></p> <p>The aim of this unit is to identify and evaluate the effective methods of affirming and reinforcing positive behaviours and relationships of creative young people, in the context of developing their creativity, motivation, structured thinking (also thinking outside the box).</p> <p>This material can be used by <b>vocational mentors</b> and <b>mentees</b>.</p> <p>Learning outcomes achieved:</p> <ol style="list-style-type: none"> <li>Involving creative young people in the devising and delivery of activities, workshops and events that inspire, encourage, affirm, support and challenge them</li> <li>Providing effective pastoral care to support and retain creative young people through negotiating and</li> </ol>	<p><b>L4</b></p> <p><b>L5</b></p>	<p><b>LO4 + LO5</b></p> <p><b>LO4</b></p>	<p><b>8 (direct)</b></p> <p><b>+ 4 (self-directed)</b></p>	<ol style="list-style-type: none"> <li><b>MIND MAP and Ideas Generation</b> Exercise about how to draw your own mind map based on dreams, journey of change or business ideas (U5M1_Mind_Map_and_Ideas_Generation.pdf)</li> <li><b>MOTIVATORS</b> Exercise about what motivates in general and to start thinking about their own business (U5M2_MOTIVATORS.pdf)</li> <li><b>Evidence for MOTIVATORS exercise</b> (U5M3_Evidence_for_MOTIVATORS.pdf)</li> <li><b>SIX THINKING HATS</b> Description of the idea of ‘six thinking hats’ helping people to structure and organise their thinking by focusing (U5M4_SIX_THINKING_HATS.pdf)</li> <li><b>INNOVATION CARDS</b> The description of the exercise to help people think outside the box and make connections between items and things that are not traditionally connected with one another (U5M6_INNOVATION_CARDS.pdf)</li> </ol>

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<p>upholding boundaries for safe space and person-centred development</p> <p><b>Tips for trainers:</b> develop your creativity in using this exercises.</p> <p>This unit is for individuals and group activities.</p> <p><b>Workshop Leader: Wenancjusz Ochmann</b></p>				
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