



LEARNING MATERIALS for Vocational Mentors in Creative Work

Unit 5: Creativity and changing mind sets

Partner name: ARTeria – www.fundacja-arteria.org

1. MIND MAP and Ideas Generation

Exercise about how to draw your own mind map based on dreams, journey of change or business ideas

(U5M1_Mind_Map_and_Ideas_Generation.pdf)

2. MOTIVATORS

Exercise what motivates in general and to start thinking about your own business

(U5M2_MOTIVATORS.pdf)

3. Evidence for MOTIVATORS exercise

(U5M3_Evidence_for_MOTIVATORS.pdf)

4. SIX THINKING HATS

Description of the idea of 'six thinking hats' helping people to structure and organise their thinking by focusing

(U5M4_SIX_THINKING_HATS.pdf)

5. INNOVATION CARDS

Description of the exercise to help people think outside the box and make connections between items and things that are not traditionally connected with one another

(U5M6_INNOVATION_CARDS.pdf)