



Module:

ENGAGE CREATIVE YOUNG PEOPLE

Unit 5: Creativity and changing mind sets

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MOTIVATORS

Encourage participants to engage in a discussion about what motivates them in general and to start thinking about their own business. Look at internal and external motivators and encourage participants to complete the table thinking about their own personal motivators.

Everyone is motivated by different things. Some people get motivated to start up in business thinking about the money or about the people they might be able to help, some by the thought of doing something they enjoy...the list is endless. Think about your motivations...

- What motivates you? For example, what would make you feel like getting out of bed in the morning and going to work?
- How do you usually treat yourself when you get something done or achieve something (your treats or rewards can give you clues to what really motivates you!)

Most people have motivators inside themselves (internal) and motivators from outside (external) and both types of motivators can be useful in work.

➔ [use U5M3_Evidence for MOTIVATORS](#)