

**TRAINING PLAN – UNIT 1 Title: Journey of Change**  
Partner name: ARTeria – [www.fundacja-arteria.org](http://www.fundacja-arteria.org)

Country: **Poland**

Training activity description	EQF level	Learning Outcome	Learning hours	For Reference: Learning materials
<p><b>Module: ENGAGE CREATIVE YOUNG PEOPLE:</b></p> <p>The aim of this unit is to identify and evaluate the effective methods of affirming and reinforcing positive behaviours and relationships of creative young people, also within the context of developing communicational skills (how to communicate effectively).</p> <p>This material can be used by <b>vocational mentors</b> towards achieving the following learning outcomes:</p> <ol style="list-style-type: none"> <li>1. Knowledge about how to communicate effectively with creative young people and relevant supporting individuals and organisations to develop rapport and be able explain the purpose and principles of your role.</li> <li>2. Identification and evaluation of effective methods of affirming and</li> </ol>	L 4	LO2 + LO6  LO2 + LO6	8 (direct) + 6 (self-directed)	<p><b>1. Talent Matching Europe research study in Poland</b> Research report of the situation in Poland about vocational mentoring in cultural and creative industries. (U1M1_Talent Matching Europe_research study in Poland.pdf)</p> <p><b>2. Engaging Creative Young People - HOW DOES THIS WORK IN POLAND AND WHAT ARE CHALLENGES</b> PowerPoint with the short summary of the most important issues from research in Poland in the context of the engagement creative young people. (U1M2_TME Engaging Creative Young People in Poland_PPT.pdf)</p> <p><b>3. Journey of change - national context</b> The presentation that explains how does the TM work in London, with the tools to discuss about the context in Poland (U1M3_Journey of change - national context.pdf)</p> <p><b>4. Seven cards to Journey of change - national context</b> (U1M4_cards to Journey of change.jpg)</p> <p><b>5. Communication origami</b> Description of the exercise, which shows how the same instructions are interpreted differently by different people and highlights the importance of clear communication. (U1M5_Communication origami.pdf)</p>

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<p>reinforcing positive behaviours and relationships of young people, conflict resolution and collective problem-solving.</p> <p><b>Tips for trainers:</b> adapt the way that you communicate and the language you use in the communication exercises to better understand your mentees and bridge the generations.</p> <p>This unit is for group activities.</p> <p><b>Workshop Leader: Wenancjusz Ochmann</b></p>				<p><b>Reference Material</b></p> <p>in U1M3 (Journey of Change - national context) there are 3 links:  <a href="http://www.discoveryourtalent.co.uk/">http://www.discoveryourtalent.co.uk/</a>  <a href="https://www.youtube.com/watch?v=mHgWze4Ish0">https://www.youtube.com/watch?v=mHgWze4Ish0</a>  <a href="https://www.youtube.com/watch?v=BRAJ-8ppPg0&amp;feature=youtu.be">https://www.youtube.com/watch?v=BRAJ-8ppPg0&amp;feature=youtu.be</a></p>
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