

## **EASP mentors:**

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## **Rationale of the pilot**

Prior the actual workshop, the team had self-lead sessions on the logic we wanted to keep in the scope on how to engage with young people. The key focus in these sessions was the question how drama and theatre relate to ordinary life. We appear as public when we go to theatre, but life is a story and we are its main character that flows, goes, anticipate, create life events and can build the content of that story.

Therefore the main questions when we watch drama are *Who* (is/are the characters and what is their role), *When* (is the action, the story, the event happening), *Where* (the place, and its features), *What* (characters are doing) and the main the most complex question *Why* (exactly that activity, the event is happening at that specific place, time, to those individuals).

These questions are as much important during one person's life as it relates to defined goals and conscious focused moving towards its goals.

The pilot workshop "Self-development towards better me" was organized as an introductory session for what theater/drama represents with the 5 W questions, and an exercise intended to initiate the young participants towards adopting these W5s into their personal professional planning as well as check tool that can be used at any point of our development to be clear on the steps we are taking or modifying during the career development.